



Black History Month Creative Essay Competition



National Theme: African American Health and Wellness



Grades 1st – 5th

Ideas and Artwork Presentation



Topic: African American Health and Wellness Lies In Our Actively Involved Hands.



Questions to consider:



* What is your idea of a family or a community?



* What things are needed to make it safe, caring, friendly, and fun?



* What things could the family do to make sure children can grow into healthy, safe, and caring individuals.



Directions:



1. Consider what you would need to create your own community.



2. Find items and people you would like to place in your community.



(You may make your own objects or find items that can stand for or symbolize your objects.)



3. Find a shoebox (one that would fit shoe sizes 8 to 10).



4. Decorate the box so that it resembles a family dwelling place or community Center. *(You may be as creative as you want to be.)*



5. Different colored paper or paints may be used to make your community look realistic.



6. Place the items in the box.



7. Clue or tape may be used to insure that the pieces remain in place and are not lost.



8. Have fun putting your ideas in a box!





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National Theme: African American Health and Wellness



Grades 6th – 8th Creative Visual Writing



Topic: African American Health and Wellness Lies in Our Attitude, Knowledge & Unity in the Elimination of Negative Community Images.



Things to Consider:



* Describe things in the community or family that you are proud of.



* Discuss dreams that you have of a great community and family.



* Describe things that you would like to see to make your community are a friendly, caring, and safe community.



* Discuss things that families could do to make sure that the community is one that children can grow into healthy and caring adults.



Directions:



1. Use your imagination in putting together a Vision Board of your ideal kind of a community.



2. Describe (*paint visual pictures*) in words that show people caring and working together to improve the community.



3. In 75 to 100 words, paint visual pictures that will inspire and make people excited to protect and care for the health and wellness of the children and the community.



4. Your writing must be legibly printed or typed.



5. Pictures and images may be added for a visual effect.



6. Have Fun!





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National Theme: African American Health and Wellness



Grades 9th –12th Descriptive Narrative Writing



Topic: African American Health and Wellness Lies in Our Technological Expertise and Our Social Commitment - Being Actively Involved in Community Planning.



Ideas to Consider:



* Given an opportunity to completely change the community or the family to make it safe and healthy, what present-day technology would you incorporate?



* How would you make a friendly, caring, and safe community or family environment?



* How can the use of technology in community planning be used to improve the way things are done in making the community's health and wellness more available?



* How can families be reassured that the community's structure allows children to grow into healthy and caring individuals?



Directions:



1. Download Grammerly.com / Purdue Writing Lab (OWL)
2. The essay writing must be legibly typed and neatly displayed.



3. The length of the essay writing is (350 - 500) words.



4. Resources and references used must be listed.



5. Pictures may be included, for visual clarification only.



6. Each entry must **have a cover sheet** with Name, School, District, Grade, Parents or Guardian and Topic. Enjoy Creative Fun!

